

# Wandana Preschool Newsletter

Term 1 Week 1 2019

Dear preschool families and caregivers,

Welcome to the 2019 preschool year!
We are very excited to be here and have been amazed with how well the children have settled into their new environment and routine.

They are doing a great job, making new friends and participating in group experiences.

When you start in a new environment there are many different things to learn that are important and support children to feel they belong to the preschool.

We would like to thank you all for:

- Placing your child's labelled lunch bag in the lunch wooden trolley and providing your child with healthy food to eat;
- Placing a labelled and freshly filled water bottle in the grey tray each morning;
- Hanging your child's backpack outside;
- Bringing and picking up your child at the correct time; (Children become anxious at picking up time when they see other children going home especially during the first few weeks.)
- Signing your child in and out each day (this is a LEGAL requirement);
- Being patient with educators as they learn about your family and your child's needs.

Educators are often busy at the beginning and end of the session but are very happy to talk to families. If you would like to have a chat about your child please approach an educator who can talk to you then. If you would like a private chat, we can make a later time to talk.

We hope you all enjoy the first term of your child's preschool journey with us.

# **KEY DATES FOR TERM 1**

### **Acquaintance Night / BBQ**

Tuesday 12th February

### Funky Days—Both groups

Friday 15th February

Thursday 21st Februauy

Friday 1st March

Tuesday 12th March

Friday 22nd March

### Whole School Pupil Free Day

Monday 18th February

Friday 15th March

(No preschool on these days)

# Adelaide Cup Public Holiday

Monday 11th March

(No preschool on this day)

### **Preschool Health Checks**

Thursday 28th March

### **Sports Day**

Thursday 11th April

From all the staff at Wandana Preschool we wish you and your child all the very best on their preschool journey.

We look forward to getting to know all of you!

# CHILDREN'S HEALTH CHECKS

Child And Family Health Services offers free child health checks at key ages between birth and 5 years. As part of this service, CAFHS nurses visit pre-schools to offer health checks for children aged from 4 years and 3 months.

The health check includes a discussion with you about your child's growth and development, immunisation status and they will also assess your child's distance vision, hearing, height and weight and oral health.

Once a term we have available a number of appointments for our children. These checks take place at the preschool and require a parent to be present. Appointments will be offered according to the age of the child. (ie oldest to youngest.)

The first round of appointments will be on **Thursday March 28th.** If your child is identified as being eligible for the first round we will organise your appointment time with you in the coming weeks.

We believe these health checks are extremely useful and well worth your time to attend with your child.

# GOVERNING COUNCIL AND SUPPORTERS GROUP MEETINGS

Please consider how you are able to support your child's preschool journey. One very important way is by becoming a member of our Governing Council (GC). Meetings are organised twice per term and are an opportunity for you to participate in discussions and decisions that impact on the running of the preschool. The GC and parents actively voice opinions that support the best interest of the school and preschool. We need volunteers for this year's Governing Council as it is a requirement that the preschool is represented.

In addition to this there are lots of opportunities for parents to be involved e.g. excursions, cooking, gardening, sharing their skills and hobbies, preparing materials, but most of all working actively with their children.

Before you say "it's not for me" or "someone else will do it", please think again. Your child will be the one that benefits from your involvement. Joining the Governing Council or the Supporters Group is a great way to be involved and meet other parents.

If you are interested or would like more information please speak to Miss Tammy or Miss Catherina.

# Preschool Fees

Invoices for preschool fees will be issued within the following weeks. You will find your invoice in your child's communication pocket. Fees for 2019 are \$220 for the year. Fees are payable to Eileen in the front office. Eileen will be happy to discuss payment options with families.

# **ACQUAINTANCE NIGHT BBQ**

We would like to invite all families to Acquaintance Night on Tuesday 12th February at 5pm—5.30pm.

Come and have a look at the preschool and get to know your child's learning environment. You are also invited to join the school sessions at 5.30 to have a look at the school programs.

More information on this to follow

# LIBRARY BORROWING

Over the coming week your child will be issued with a calico library bag. The items in the bag are for your child to keep at home.

Children will be able to borrow a new book from the school's library on a weekly basis providing they have returned their library bag and the current book they have borrowed. Borrowing will occur Monday for the Kangaroo group and on Wednesday for the Possum group.

If you wish to borrow a new book please make sure that you or your child places their library bag and book in the basket provided in preparation for our library visits.

# **CULTURAL CELEBRATIONS**

Celebrations are an important element of our preschool program. They provide an opportunity for children to broaden their understanding of the world and to learn about other cultures and traditions.

Celebrating important cultural events relevant to the children and families attending our preschool contributes to a feeling of belonging and a sense of community.

If you have any ideas for celebrations that you would like to share with us please let us know.

# **HEALTHY LUNCH BOXES**

A healthy lunch box full of fresh foods gives your child the energy to concentrate learn and play. We know how fussy children can be about the food they eat but we ask that you try to adhere to our healthy food policy. Getting your child involved in preparing, choosing and packing their own lunch box will make them more likely to eat it.

A gentle reminder will be sent home in lunch boxes with children who bring unsuitable food in their lunch boxes.

# What is ok to pack in my lunch box

# PRESH FRUIT OR VEGETABLES DAIRY SANDWICH, WRAP, PASTA, RICE or HEALTHY ALTERNATIVE WATER

# **NUT FREE ZONE**

Just a reminder that Wandana Preschool is a nut free zone and unfortunately Nutella and Peanut Butter contain nuts. We ask that you kindly keep these spreads for use at home and that you do not send anything containing nuts to the preschool. Thank you for helping to keep all our children safe.



## FOODS TO AVOID AT PRESCHOOL

We ask that you avoid sending them to preschool.

-chocolates -lollies -sweet biscuits -chips -chocolate custard -flavoured milk

# **Playgroup Calendar**

Term	1 2019 Wandana Preschool	Playgroup Calendar
Week 1	Friday 1st February 2019	Playgroup 9:00-10:30am
Week 2	Friday 8 <sup>th</sup> February 2019	Playgroup 9:00-10:30am
Week 3	Friday 15 <sup>th</sup> February 2019	NO PLAYGROUP - Preschool Session
Week 4	Friday 22 <sup>nd</sup> February 2019	Playgroup 9:00-10:30am
Week 5	Friday 1st March 2019	NO PLAYGROUP – Preschool Session
Week 6	Friday 8 <sup>th</sup> March 2019	Playgroup 9:00-10:30am
Week 7	Friday 15 <sup>th</sup> March 2019	NO PLAYGROUP – PUPIL FREE DAY
Week 8	Friday 22 <sup>nd</sup> March 2019	NO PLAYGROUP - Preschool Session
Week 9	Friday 29 <sup>th</sup> March 2019	Playgroup 9:00-10:30am
Week 10	Friday 5 <sup>th</sup> April 2019	Playgroup 9:00-10:30am
Week 11	Friday 12 <sup>th</sup> April 2019	NO PLAYGROUP – Last Day of School Term

Playgroup coordinator is Grace. Cost is \$2 per family. Please bring fruit to share and a hat.

Thank you

# **Term One 2019 Wandana Preschool Calendar**

WK		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MONDAY				
1.	28/1 PUBLIC HOLIDAY Australia Day	29/1	30/1	31/1	1/2 Playgroup 9-10.30
2.	4/2	5/2 Chinese New Year	6/2	7/2	8/2 Playgroup 9-10.30
3.	11/2	12/2 Acquaintance night	13/2	14/2	15/2 Funky Friday Both Groups Dancify Session
4.	18/2 PUPIL FREE DAY	19/2	20/2	21/2 Funky Thursday Both Groups Dancify Session	22/2 Playgroup 9-10.30
5.	25/2	26/2	27/2	28/2	1/3 Funky Friday Both Groups Dancify Session
6.	4/3	5/3 Shrove Tuesday (Pancake Day)	6/3	7/3	8/3 Playgroup 9-10.30
7.	11/3 PUBLIC HOLIDAY Adelaide Cup	12/3 Funky Tuesday Both Groups Dancify Session	13/3	14/3	15/3 PUPIL FREE DAY PARTERNSHIP
8.	18/3	19/3	20/3	21/3	22/3 Funky Friday Both Groups Dancify Session
9.	25/3	26/3	27/3	28/3 Preschool Health Checks	29/3 Playgroup 9-10.30
10.	1/4	2/4	3/4	4/4	5/4 Playgroup 9-10.30
11	8/4	9/4	10/4	11/4 Sports Day Both <i>G</i> roups	12/4 NO SESSION